

राष्ट्रिय मानव अधिकार आयोगको राष्ट्रिय मानव अधिकार सेवा, अधिकृत तृतीय श्रेणी, मानव अधिकार अधिकृत वा सो सरह पदको खुला प्रतियोगितात्मक लिखित परीक्षाको लागि पाठ्यक्रम

**द्वितीय पत्र (Paper II): Job- Knowledge Specific Subject  
(For Human Right Officer)**

**Section (A) - 25 Marks**

**1. Introductory**

- 1.1 Introduction to human rights
- 1.2 Nature and kinds of rights
- 1.3 Evolution of human rights system
- 1.4 Principles and values of human rights
- 1.5 Interrelations between duties and rights
- 1.6 Relation between rule of law, democracy and human rights

**2. Human Rights System in Nepal**

- 2.1 History and developments of human rights system in Nepal
- 2.2 Constitutional and legal provisions relating to human rights
- 2.3 Organization and functions of National Human Rights Commission (NHRC)
- 2.4 Role of courts and security agencies on the protection of human rights
- 2.5 Role of civil society and educational institutions on the promotion and protection of human rights
- 2.6 National Action Plan of human rights
- 2.7 Strategic planning processes of NHRC and Existing Strategic Plan of NHRC

**3. Human Rights Law and Procedure**

- 3.1 Legal and institutional arrangements for the promotion and protection of human rights
- 3.2 Monitoring and investigation of human rights cases
- 3.3 Complaint handling and management
- 3.4 Collection of evidence and testimony
- 3.5 Investigation and monitoring procedures
- 3.6 Report writing and analysis
- 3.7 Human rights decision making processes at NHRC
- 3.8 Legislative Review from human rights perspective

**Section (B) – 25 Marks**

**4. International Perspectives**

- 4.1 Human rights under United Nations (UN) system
- 4.2 Regional arrangements
  - 4.2.1 European Commission of Human Rights
  - 4.2.2 American system of human rights
  - 4.2.3 European Court of Human Rights
- 4.3 International tribunals and courts
- 4.4 Role of International organizations on the protection and promotion of human rights such as Office of the High Commissioner for Human Rights (OHCHR), UN Special rapporteurs, UN Human Rights Council, Global Alliance of National Human Rights Institutions (GANHRI), Asia Pacific Forum (APF) of National Human Rights Institutions (NHRIs)
- 4.5 GANHRI : Sub-Committee on Accreditation (SCA) and Accreditation process

(लोक सेवा आयोग)

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**5. Human Rights Treaties**

- 5.1 Universal Declaration of Human Rights (UDHR), 1948
- 5.2 International Covenant on Civil and Political Rights (ICCPR), 1966
- 5.3 International Covenant on Economic, Social and Cultural Rights (ICESCR), 1966
- 5.4 International Convention on the Elimination of All Forms of Racial Discrimination (ICERD) 1965
- 5.5 Convention on All Forms of Discrimination against Women (CEDAW), 1979
- 5.6 Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment (CAT), 1984
- 5.7 Convention on the Rights of the Child (CRC), 1989
- 5.8 Convention on the Rights of Persons with Disabilities (CRPD), 2006
- 5.9 Treaty obligations of the state

**Section (C) –25 Marks**

**6. Minority Rights in the Nepalese Context**

- 6.1 Rights of indigenous groups
- 6.2 Rights for Dalits
- 6.3 Rights of Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Asexual (LGBTIQ+)
- 6.4 Rights of senior citizens
- 6.5 Rights of migrant workers
- 6.6 Rights of Refugee in the context of The 1951 Refugee Convention
- 6.7 Rights of Minority People

**7. Human Rights in Development Context**

- 7.1 Social inclusion for disadvantaged groups
- 7.2 Empowerment of women and vulnerable section of population
- 7.3 Concept of right to development and right based approach to development in the context of UN Declaration on Right to Development
- 7.4 Concept of right to live in peace
- 7.5 Concept of Right to environment
- 7.6 Human rights and climate change
- 7.7 Human rights advocacy, education and training
- 7.8 Human rights and sustainable human development
- 7.9 Human rights and Sustainable Development Goals (SDGs)
- 7.10 Human rights and good governance
- 7.11 Business and human rights (BHR), UN guiding principles on BHR

**Section (D) – 25 Marks**

**8. Major Human Rights Issues**

- 8.1 Trafficking in human persons- in the context of SAARC convention and Nepalese efforts
- 8.2 Disaster and human rights: disaster induced internal displacement, Right of rehabilitation and resettlement of internally displaced persons
- 8.3 Migration in the context of rights of migrant worker's convention
- 8.4 Conflict and violence - in the context of truth and reconciliation, rehabilitation and resettlement measures

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- 8.5 Enforced disappearances - in the context of internationally recognized remedial measures against enforced disappearances
- 8.6 Contemporary issues of human rights

9. **Drafting and Research Skills**

- 9.1 Media Techniques
- 9.2 Press Release
- 9.3 Speech
- 9.4 Research: Concept, Meaning, Types, Research Proposal, Research Methodology, Data collection, use of statistical tools and analysis, and Research Report

**Explanatory Notes:** Medium of examination would be either Nepali language or English language or both. One question bearing 10 marks from **Drafting and Research Skills** will be in English Language and answer to this question must be also in English Language.